



This Workbook

belongs to

Sensory Storyteller



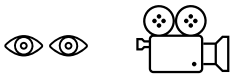
TRIANGLE
Building better lives together

Part One

Sensory Training

1. Why Tell Sensory Stories?
2. How to make a story sensory
3. Touch
4. Taste
5. Smell
6. Sound
7. Sight

Why Tell Sensory Stories?

	Watch the first video – Why Tell Sensory Stories.
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	Discuss with your partner
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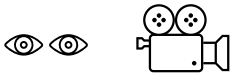
What was your favourite story?

King Midas		The Stonecutter	
Luck Is Everywhere		A Coat Made of Hair	
Star Wolf		Three Heads in a Well	
The Little Apple Tree		A Woman's Work	
Jaz and Jorinda		The Singing Bones	

What has been your favourite moment from the sensory storytelling?

Can you think of anyone you know that would enjoy a sensory story?

How to Make a Sensory Story

	Watch the video – How To Make A Sensory Story
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	Discuss with your partner
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What sensory elements did you enjoy the most in the storytelling?

Touch	Materials. Hand cream/ massage. Props.
Taste	Sweets. Savoury.
Sight	Lights. Colours. Storyteller.
Sound	Music. Voices. Instruments. Sound effects.
Smell	Sprays. Herbs. Flowers. Soap


Were there any others not listed above?

Touch

 	Watch the video - Touch
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Activity

Explore the sensations of touch, do you like or dislike the below?

Water	 	Fur	 
Ice	 	Hairbrush	 
Heat	 	Scarf	 
Grass	 	Tap arms	 
Bubble Wrap	 	Tap head	 

What TOUCH sensation could you use for the below?

The Sea	
A Garden	
An animal	
Sadness/ Crying	
A dress	
Rain	
Running	

Taste

	Watch the video – Taste
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Activity

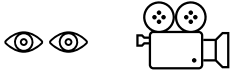
What foods or tastes could you use for the following?

A forest	
A beach	
Love	
Sadness	
The sun	
A Queen	

Now why not try some out?



Smell

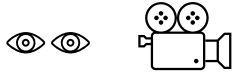
	Watch the video - Smell
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Activity

What smells could you use for the below story elements?

The Sea	
A Forest	
A Kitchen	
A Princess	
Love	

Sound



Watch the video – Sound

Have a think about how you could make the sounds below in a story – instruments? Recorded music? Make your own sound effects? (See who can do the best animal sounds!)

The Wind	Cow
A Door	Ducks
A Party	Sheep
Love	Horse
Magic	Dogs
Footsteps	Cat

Sight

 	Watch the video - Sight
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What colour could go with these feelings?

Feeling	Colour
Sadness	
Happiness	
Love	
Anger	
Jealousy	

Can you say the below and show the feeling in your face and body?

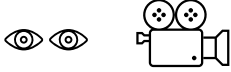
I am so sad!	I am so angry!
I am so happy!	I am so jealous.
I am in love!	I am so tired.

Part Two

How To Build A Story

1. Pick Your Story
2. The 5 Ws
3. Then What Happened?
4. The Bare Bones

Pick Your Story

	Watch the video – Pick Your Story
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	Discuss with your partner
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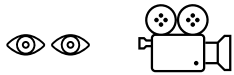
What stories do you know?

What stories do you love?

What story would you like to tell?

My Story Is...

5 W's



Watch the video – The 5 W's

Play the 5 W's games with stories you know and can remember.

Then play it with your own story and use the space below to record your 5 W's.

Who: _____

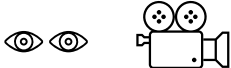
What: _____

Where: _____

When: _____

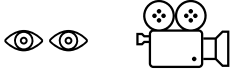
Why: _____

Then What Happened

	Watch the video – Then What Happened
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Play the Then What Happened game
with your partner and record each 'what
happened' below.

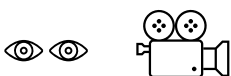
The Bare Bones

	Watch the video – The Bare Bones
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Use your Then What Happened to come up with your Bare Bones.

The next few pages have some examples and templates for recording your Bare Bones.

You may want to watch the example before, or after you record your Bare Bones.

	Watch the video –Vicky's Build A Story Example
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The Bare Bones

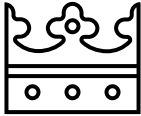

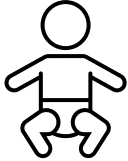
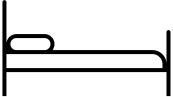
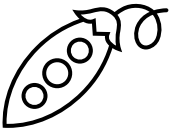
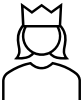



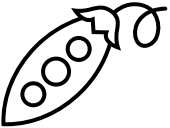

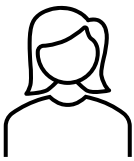

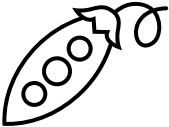



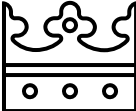
Princess and the Pea

Queen wants heir
Test – mattresses and pea
No princesses pass
Peasant girl
Can't sleep
New Queen

The Bare Bones


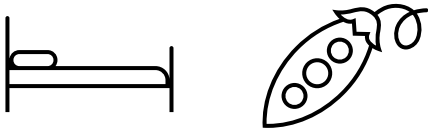
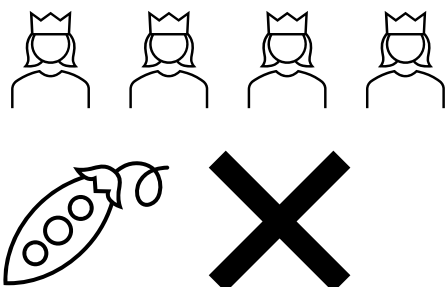

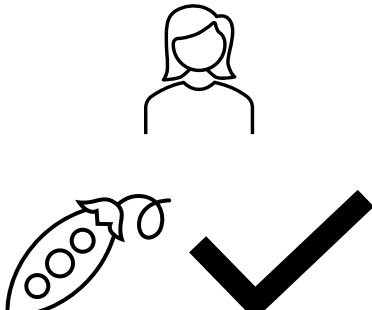
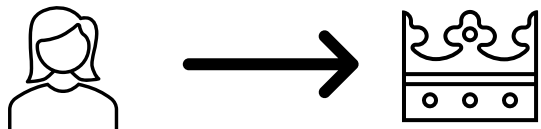


The Bare Bones

The Bare Bones

The Bare Bones

		
Queen has no heir	Mattresses and pea	No princesses pass
		
Servant girl appears	Servant girl passes test	She becomes new queen

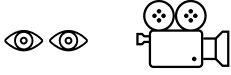
The Bare Bones

Part Three

Tell My Story

1. Characters
2. Settings
3. Sensorise Your Story
4. Tell Your Story
5. Top Tips

Characters

	Watch the video – Characters
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	Discuss with your partner
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Who are the characters in your story?

Character One



You can draw your main character in the box above and note down any words to use in your description below.

Character Two



You can draw your main character in the box above and note down any words to use in your description below.

Character Three

(if you have one)



You can draw your main character in the box above and note down any words to use in your description below.

Character Four

(if you have one)



You can draw your main character in the box above and note down any words to use in your description below.

Description Word Bank

Here are some common adjectives to describe what people look like.

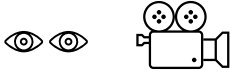
Golden	Beautiful	Tall
Brown	Twisted	Short
Jet black	Ugly	Stumpy
Red	Wise	Large
Pale	Pure	Skinny
Tanned	Handsome	Slim

You could try creating similes...

She had hair like honey.

Her eyes were as blue as the sea.

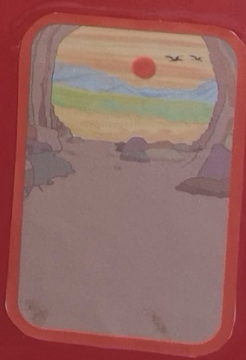
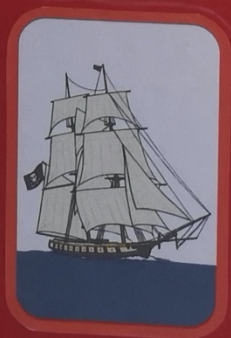
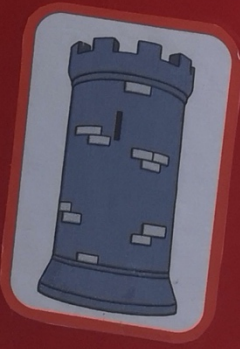
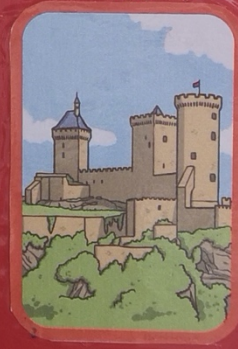
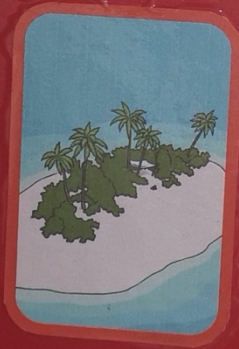
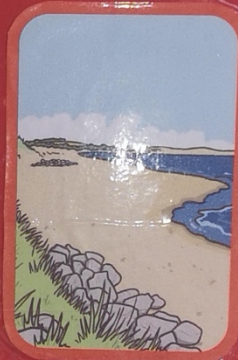
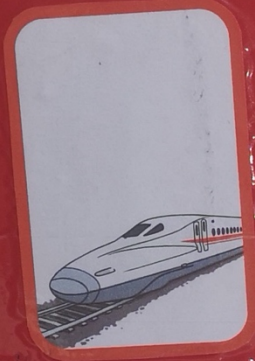
Settings

	Watch the video – Settings
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Have a go at playing
the Where Am I? game.

Use the list below for ideas, or the
pictures on the next page.

Beach	Church
Restaurant	Cave
Castle	Train
Swimming Pool	Bedroom



Draw Your Setting

A large, empty rectangular box with rounded corners, outlined in black, intended for drawing a setting. The box occupies the majority of the page below the title.

Use these boxes to record your
descriptions of your setting:

TASTE

SMELL

SEE

TOUCH

HEAR

Sensorise Your Story

	Watch the video – Sensorise Your Story
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(Use your Bare Bones to create your story elements)

Story element 1:

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

Story element 2:

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

Story element 3:

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

Story element 4:

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

Story element 5:

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

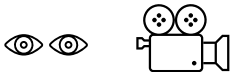
Story element 6:

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

More Story elements

Touch (feel)	Taste	Smell	Sight (see)	Sound (hear)

Tell Your Story

	Watch the video – Tell Your Story
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Now

PRACTISE
PRACTISE

	Watch the video – Top Tips
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PRACTISE

And then....

Show Up and Share!

I showed up and
shared my story on

I am now a
Sensory Storyteller

Keep sharing stories...

